

Instructions for Socially Distanced ICO Events

You must pre-register and pay online for the event. To limit the number of people in the start area at one time, you will select a map pick-up time on the pre-registration form.

If you are feeling ill or have a fever or cough, don't come! We will be happy to issue a refund.

Please arrive and pick up your map during the time interval selected on your pre-registration. It's OK to be in the parking lot earlier, but please maintain an appropriate social distance.

Maps and rented timing chips (SI sticks) will be on a clothesline or table with your name on the map bag. Please take your map while avoiding touching other people's maps, the clothespins, the ropes, or the table. If your map is missing, please see the event volunteer.

There will be no sign-in sheets - taking your map from the clothesline indicates that you will be starting. As always, if you quit the course or fail to finish, you still **MUST** download so that we know you have safely returned.

Please practice social distancing when picking up your map, and approaching the start. Please take care to avoid touching the clear, check, and start control units, stands, or flags.

Normal shared amenities for map preparation (stapler, tape, scissors, etc.) will not be available. Loose control description sheets will not be available.

Loaner / rental compasses will not be available. You should certainly be able to complete the short courses without one. If you would like to purchase one, you can find an inexpensive baseplate compass at many big box or sporting goods stores.

When punching at controls, please be careful to avoid accidentally touching the control unit, flag, or, stand.

When finishing, please catch your breath before approaching the download station. Please approach the download table one person at a time, maintaining appropriate separation.

Please try not to touch or drip sweat on the download station or table. Once you've downloaded and returned your rented timing chip¹, take your receipt, and move away promptly. Rental SI sticks are washed after each event.

There will be neither drinking water nor snacks provided at the finish. Please bring your own water.