

**Tri-State Sprint Orienteering Championship  
and Individual Sprint Tournament  
Sun. Apr. 24, 2022  
IUPUI/White River State Park/Downtown Canal  
Indianapolis**

The 2<sup>nd</sup> Annual Tri-State Sprint Orienteering Championships will be hosted by Indiana Crossroads Orienteering Club on Sun. Apr. 24, 2022. We have a brand-new campus/urban map to test your sprint skills on with an individual tournament and club team relay races.

**Individual Tournament 11:30 am**

Everyone will run two short courses. The first course will have staggered starts and will be the same for all competitors. Results from the first course will be used to place competitors in A (elite) or B finals. The format of the final courses is TBD.

**Club Team Relay after 1:00 pm**

Three races ranging from beginner/intermediate to advanced with 3-person teams.

**Teams:** To qualify for awards and/or bragging rights, teams must be made up 3 individuals from the same club. It is up to the club to determine eligibility (membership). There is no limit on the number of teams from each club. Open teams within each category are also possible.

**Teammates:** Club Relay Coordinators will help put together club teams. You can also put your own team together or if you need help forming a team, we will help find you a team. Teams information must be entered into [this](#) form by Sat. Apr. 23 at 10:00 am.

**Categories:** Each team will fit into 1 category. Your team's category is defined as the total combined points of all your team members. You can calculate the total with the **point calculation chart**. The total points of your team must fit into one of these categories. For example: if your "dream team" has a combined total of only 3 points, you will have to replace someone in your team with someone else to bring your total points to at least 4 points. 4 points is the minimum number of points any team can have.

**Courses:** Each category has a different set of 3 courses. Your team decides who goes on each course. (See Course Chart)

**Segments:** Each person will run one segment. If you are on the 2<sup>nd</sup> or 3<sup>rd</sup> segment, you will wait until your teammate finishes his or her segment and punches the finish control before you start.

**Punching:** We will be using SI punching but the control boxes will not be set up for SI Air. Any SI card (rentals are available) must be inserted into the control box to record a punch.

**Start:** Each of the categories will have a mass start. The 4+ pt and 8+ pt categories will have maps distributed face down on the ground at the start line. The first segment runner on the 12+ teams will be able to pick up the map 5 minutes before the start. Very young runners will be allowed to get help from a parent in viewing the course while waiting in the starting chute.

**Event Fees:** \$12 flat fee for both the individual tournament and club relay. SI cards can be rented for \$2. **Online pre-registration is required [here](#) and will close at 9 pm on Thurs. Apr. 21.**

**Event Headquarters and Parking:** IUPUI campus; details to follow.

**Points Calculation Chart: (age as of Dec. 31, 2022)**

| <b>AGE</b> | <b>WOMEN</b> | <b>MEN</b> |
|------------|--------------|------------|
| -12/75+    | 7            | 5          |
| -14/65+    | 6            | 4          |
| -16/55+    | 5            | 3          |
| -18/45+    | 4            | 2          |
| -20/35+    | 3            | 1          |
| 21+        | 2            | 0          |

**Category courses:**

**12+** Yellow\*, Orange, Brown

**8+** Orange, Brown, Green

**4+** Brown, Green, Red

\*Yellow will be a mixed white/yellow course.